# Incoming Freshman: Admission to the BSN (Traditional) Program

If you are a high school senior who is applying to Cal State LA, you will have to choose and be admitted to **pre-nursing**.

Visit the link below for freshman admission information: <a href="https://www.calstatela.edu/admissions/freshman-application-and-admission">https://www.calstatela.edu/admissions/freshman-application-and-admission</a>

You will apply to the Nursing Major via Nursing CAS after pre-requisites are completed at Cal State LA

Applicants to the Nursing major are screened competitively based on the following indicators:

- Test of Essential Academic Skills exam score (TEAS)
- Cumulative & Pre-requisite GPA (3.25 minimum to apply, 3.60 is considered competitive)
- Volunteer or work experience in healthcare (strongly recommended).

#### THINGS TO KNOW:

- **1. TEAS Scores:** All four categories (Reading, Math, Science, English) must score 70 or higher (80+ considered competitive) within two years of the application deadline.
  - NOTE: There is no limit on how many times an applicant can take the TEAS exam, and there is no minimum timeframe required between exam re-take dates.
  - o It is suggested to prepare for the ATI TEAS "proctored" test as soon as possible. The test is a four (4) part exam that measures the student's knowledge of Math, Reading, Science, and English. This test is mandatory. The test is approximately five (5) hours long (includes check- in and instruction). A study guide may be purchased from ATI at: <a href="https://www.atitesting.com/teas">www.atitesting.com/teas</a>
  - Practice tests are available on the website and can be taken multiple times. The practice tests are not considered as part of the application evaluation.

### 2. Prerequisite Courses:

The BSN program has a strict "<u>no retake</u>" policy for the **eight** required prerequisite courses. A grade of "B" or better in each course must be earned on the first attempt. Retaking courses to improve a grade is not permitted as the first attempt will still be considered regardless of when the course was taken.

## Completed by Application Deadline:

- o BIOL 2030: Human Anatomy with Lab
- o CHEM 1010: Fundamentals of Chemistry with Lab
- o ENGL 1010: English/Accelerated College Writing
- Statistics Course (upper or lower division)

# Completed by Spring Semester Following Application Deadline:

- o BIOL 2040: Physiology with Lab
- o COMM 1100: Public Speaking or Oral Communication
- Cal State LA Assist Listed GE A3 Critical Thinking course
- o MICR 2010/2020: Microbiology for Health Related Sciences with Lab
- **3. Volunteer or work experience in healthcare** (optional, but strongly recommended): only one specific type of experience may be submitted. Must have 50 or more hours (100 max for credit) of service within the last 2 years. For more information see "Work/Volunteer Experience" section on the program website

#### ADDITIONAL INFORMATION:

- Meeting the minimum requirements for admission means consideration not admission into the nursing program. A selective admissions committee composed of faculty from the Patricia A. Chin School of Nursing (PACSON) will review all applications.
- In addition to the required nursing courses, students must meet the Cal State LA requirements for both lower and upper division education. These requirements are clearly outlined in the university catalog found online. Additional classes required by the Patricia A. Chin School of Nursing include:
  - Sociology 2010- Principles of Sociology (3 semester units)
  - o Nutrition 2500 Human Nutrition (3 semester units)
  - Psychology 1500 Psychology of Developing Person (minimum 3 semester units)
- Nursing students must have a cleared background check to be acceptable to clinical agencies. Since the California State Board of Nursing makes the final

- determination on eligibility for licensure. Receiving a background check that has positive check may be a barrier to licensure, certification, and employment.
- Drug screening consistent with California Board of Registered Nursing guidelines for safe nursing practice and is required annually. Clinical agencies are requiring students be drug-free and you may be subject to random drug testing, in addition to the required annual drug testing.

# ADVICE FOR PRE-NURSING STUDENTS (from current Traditional BSN nursing students)

- Research your major! (Ideally, you should have done this before applying)
- Look into nursing licenses (LVN, RN, NP) and what each role entails
- Read through the Patricia A. Chin School of Nursing (PACSON) website in detail
  to make sure you understand the eligibility requirements, application process,
  and deadlines. The website can undergo changes, be sure to monitor and check
  the website before you apply
- Know which department to contact at each stage of your education.
  - o Pre-Nursing (Year 1): College of Health and Human Services (HHS) Advising Center: (323) 343-5500, https://www.calstatela.edu/hhs/ac
  - Please note: PACSON only advises students who have been admitted into the BSN program; pre-nursing students work with their advisor in the HHS Advising Center in their first year to complete the pre-requisite coursework. PACSON is available to answer/clarify any questions about the application process/requirements: https://www.calstatela.edu/hhs/nursing/contact-us
- Know all of the academic requirements to apply to the BSN Program
  - Meet with an academic advisor regularly to make sure you are taking all the required classes (be sure to follow the roadmap to make sure you take all the required BSN prerequisite and GE courses: https://www.calstatela.edu/hhs/nursing/bsn-traditional-program
  - Nursing (Years 2-4, once you've been admitted to the Traditional BSN Program): Patricia A. Chin School of Nursing
- Plan out a study strategy and timeline to prepare for the TEAS Exam
  - o Take a diagnostic practice exam to assess your strengths and weaknesses
  - o Popular resources: Mometrix TEAS book, ATI, YouTube
  - Don't wait until the last minute!

- Nursing is a highly impacted major at Cal State LA and a very difficult undergraduate major, so you need to put your all into it!
  - You may need to make sacrifices for this major, such as prioritizing studying instead of hanging out with friends.
  - Create good relationships with your professors. Sometimes, life circumstances interfere with your studies, and your instructors may be more flexible with accommodations if they know who you are.
  - Take time to figure out which study method/technique works best for you! Be it visual, tactile, auditory, etc.
  - Designate a day / specific time and outlet to de-stress and perform some selfcare
  - Create study groups with classmates and friends; this will be an invaluable part of your support system in nursing school.

#### **RESOURCES**

- Utilize the Center for Academic Success for free tutoring and writing help on campus in the Library if needed. 6 free sessions a week! https://www.calstatela.edu/academic-success
- It's okay to ask for help if needed, school can be stressful. Counseling and Psychological Services (CAPS) is located on the second floor of the Health Center. You can make an appointment at (323) 343-3300; https://www.calstatela.edu/studenthealthcenter/caps
- Get involved with nursing organizations! Participate in organizations such as the Student Nurses Association (SNA) <a href="https://linktr.ee/csulasna">https://linktr.ee/csulasna</a> and Alpha Tau Delta (ATD) <a href="https://atdnursing.org">https://atdnursing.org</a>
- The Office for Students with Disabilities (OSD) can provide resources and accommodations for visible and invisible disabilities. They are located in the Student Services Building, Room 1320. (323) 343-3140;
  - https://www.calstatela.edu/osd
    - o Double time on exams
    - o Priority registration for classes
    - o ASL interpreter
    - Service animal registration
    - Note-taking services\*

<sup>\*</sup>you can also apply to be note-task and get a stipend for your service and priority registration